Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8:30 Monday Scavenger Walk 10:00 Hydration and snacks 10:00 Set your appointments 10:30 Puzzles and Games 1:30 BINGO 2:30 Tell your funniest joke 3:00 Hydration, Snacks & Music 4:00 Movie Hour International Joke Day Happy Birthday Carmen S Walk-a-Thon Begins	8:30 Strolling Tuesdays 10:00 Hydration and snacks 10:30 Nail Appointments 1:30 Exercising Classes 2:30 Cool Down Meditation 3:00 Hydration, Snacks 3:00 Music of Choice 4:00 Netflix and Chill	8:30 Wild Walk Wednesdays 10:00 Hydration and snacks 10:30 Net Fishing 1:30 BINGO 2:30 Straw Painting (Fireworks) 3:00 Hydration, Snacks 3:00 Jamming w/the Oldies 4:00 Tubi Marathon Happy Birthday to Gavin & Carrie	Thursday Walk 10:00 Hydration and snacks 10:00 4th of July Car Parade 1:30 Petal to Freedom 2:30 Exercising Bands 3:00 Hydration, Snacks 3:00 Rocking 80's 4:00 Movie Hour	8:30 Friday Fun Walk 10:00 Hydration and snacks 10:30 Color w/me 1:30 BINGO 2:30 Neck Messages 3:00 Hydration, Snacks 3:00 Smooth Country 4:00 Netflix and Chill	8:30 Bubble Walk Saturdays 10:00 Hydration and snacks 10:30 Weightlifting 1:30 Exercising Classes 2:30 Breathing Exercising 3:00 Hydration, Snacks 3:00 Jazz 4:00 Tubi Marathon
8:30 Sunday Morning Walk 9:30 Praise and Worship 10:00 Hydration and snacks 10:30 Chair Yoga Outdoors 1:30 BINGO 2:30 Sing and dance with me 3:00 Hydration, Snacks 3:00 Music of choice 4:00 Movie Hour	8:30 Monday Scavenger Walk 10:00 Hydration and snacks 10:00 Set your appointments 10:30 Board Games 1:30 Art Class 2:30 Social Hour 3:00 Hydration, Snacks 3:00 Oldies But Goodies 4:00 Tubi Marathon	8:30 Strolling Tuesdays 10:00 Hydration and snacks 10:30 Nail Appointments 1:30 BINGO 2:30 Exercising Classes 3:00 Hydration, Snacks 3:00 Dance to the 70s 4:00 Netflix and Chill Sugar Cookie Day Happy Birthday Shirley P.	9 8:30 Wild Walk Wednesdays 10:00 Hydration and snacks 12:00 Picnic out back of Building A 1:30 Cool down the staff (Water guns) 2:30 Puzzles and Games 3:00 Hydration, Snacks 3:00 The Best of Elvis 4:00 Movie Hour Teddy Bears' Picnic Day Happy Birthday Alfred D	8:30 Sole Searching Thursday Walk 10:00 Hydration and snacks 10:30 Leg Workouts 1:30 BINGO 2:30 Chair Yoga 3:00 Hydration, Snacks 3:00 Jazz Music 4:00 Tubi Marathon	8:30 Friday Fun Walk 10:00 Hydration and snacks 10:30 Follow the Leader 1:30 Bird Feeder Project 2:30 Let's hang our Bird feeders 3:00 Hydration, Snacks 3:00 Jamming w/ the oldies 4:00 Movie of choice	8:30 Bubble Walk Saturdays 10:00 Hydration and snacks 10:30 Strech Bands 1:30 BINGO 2:30 Pedal Bikes 3:00 Hydration, Snacks 3:00 Smooth Country 4:00 Netflix and Chill
8:30 Sunday Morning Walk 9:30 Praise and Worship 10:00 Hydration and snacks 10:30 Workout to the music 1:30 Connect Four 2:30 Sit to Stand Exercises 3:00 Hydration, Snacks & Music 4:00 Movie Hour	8:30 Monday Scavenger Walk 10:00 Hydration and snacks 10:00 Set your appointments 10:30 Puzzles and Games 1:30 SPECIAL BINGO HOSTED BY TRADITION HEALTH HOSPICE 2:30 Social Hour 3:00 Hydration, Snacks 3:00 Music of choice 4:00 Movie Hour	, , , , , , , , , , , , , , , , , ,	8:30 Wild Walk Wednesdays 10:00 Hydration and snacks 10:30 Tic-Tac-Toe 1:30 BINGO 2:30 Hand and Arm Massages 3:00 Hydration and snacks 3:00 Spanish Music 4:00 Movie Hour	8:30 Sole Searching Thursday Walk 10:00 Hydration and snacks 10:30 Stretches 1:30 Exercising Classes 2:30 Meditation 3:00 Hydration, Snacks 3:00 Rocking the 60"s 4:00 Netflix and chill Happy Birthday Nancy T	8:30 Friday Fun Walk 10:00 Hydration and snacks 10:30 Follow the Leader 1:30 Bingo 2:30 Chocolate Avocado Mousse Chef Demo (Sugar Free Dairy Free) 3:00 Hydration and snacks 3:00 The best of Elvis 4:00 Tubi Marathon	8:30 Bubble Walk Saturdays 10:00 Hydration and snacks 10:30 Weightlifting 1:30 Exercising Classes 2:30 Breathing Exercising 3:00 Hydration, Snacks 3:00 Jazz 4:00 Movie of choice
8:30 Sunday Morning Walk 9:30 Praise and Worship 10:00 Hydration and snacks 10:30 Chair Yoga Outdoors 1:30 BINGO 2:30 Sing and dance with me 3:00 Hydration, Snacks 3:00 Music of choice 4:00 Movie Hour	8:30 Monday Scavenger Walk 10:00 Hydration and snacks 10:00 Set your appointments 11:00 Exercise Bands 1:30 BINGO 2:30 Social Hour 3:00 Hydration, Snacks & Music 4:00 Movie Hour		8:30 Wild Walk Wednesdays 10:00 Hydration and snacks 10:30 Tic-Tac-Toe 1:30 BINGO 2:30 Hand and Arm Massages 3:00 Hydration and snacks 3:00 Spanish Music 4:00 Movie Hour		8:30 Friday Fun Walk 10:00 Hydration and snacks 10:30 Color w/ me 1:30 BINGO 2:30 Neck Massages 3:00 Hydration, Snacks 3:00 Smooth Country 4:00 Netflix and Chill	8:30 Bubble Walk Saturdays 10:00 Hydration and snacks 10:30 Strech Bands 1:30 Meditation 2:30 Pedal Bikes 3:00 Hydration, Snacks 3:00 Smooth Country 4:00 Netflix and Chill
8:30 Sunday Morning Walk 9:30 Praise and Worship 10:00 Hydration and snacks 10:30 Workout to the music 1:30 BINGO 2:30 Sit to Stand Exercises 3:00 Hydration, Snacks & Music 4:00 Movie Hour	8:30 Monday Scavenger Walk 10:00 Hydration and snacks 10:00 Set your appointments 11:00 Puzzles 1:30 Connect four 2:30 Social Hour 3:00 Hydration, Snacks & Music 4:00 Movie Hour	,	8:30 Wild Walk Wednesdays 10:00 Hydration and snacks 10:30 Net Fishing 1:30 BINGO 2:30 Balloon Tennis 3:00 Hydration, Snacks 3:00 Jamming w/ the Oldies 4:00 Tubi Marathon Walk a Thon Ends			111AGE S CALENDAR 24